









22nd ITKF WORLD TRADITIONAL KARATE CHAMPIONSHIP

Cadets, Juniors, Youths, Seniors, Veterans, Para Karate

EUROPEAN CHILDREN'S CUP

VILA DO CONDE - PORTUGAL - 7th to 13th of October 2024

















INTERNATIONAL TRADITIONAL KARATE FEDERATION - ITKF

and

TRADITIONAL BUDO FEDERATION OF PORTUGAL - TBFP

INVITE

all ITKF Member Organizations

Curitiba / Vila do Conde, 18th of August 2024

Dear ITKF Family,

It is with great pleasure that we invite all members of the large ITKF family to participate in the 22nd World Championship, which will be held in Portugal next October.

The ITKF world championship continues to maintain the tradition of being biannual and is a special moment for all its members to meet in person.

Our organization is experiencing a period of growth in the number of members and strengthening of its institutional image with the creation of significant partnerships at a global level. This situation creates the expectation of having an event of great magnitude in Portugal.

The Portuguese federation, in turn, is sparing no effort to provide a high-level organization and reception for everyone who participates in the event in Vila do Conde.

We hope to see delegations from all ITKF member organizations at this World Championship to participate in a great event and strengthen ITKF even further.

ITKF Chairman

Gilberto Gaertner

Tournament Organizing

Committee Chairman

Fernando Silva













OFFICIAL INFORMATION 2

GENERAL INFORMATION

Sanctioned by: International Traditional Karate Federation - ITKF

Hosted by: Federação Budo Tradicional Portugal - FBTP

Place: Vila do Conde, Portugal

Venue: Pavilhão de Desportos da Vila do Conde

Rua Dom Sancho I 3, 4480-876 Vila do Conde - Portugal

Date: 7th to 13th of October 2024

1. PARTICIPANTS (athletes, coaches, judges)

All ATHLETES must be selected by the ITKF Member Organizations and fulfill the following requirements:

- 1. They must be citizens of the represented country.
- 2. They must be registered to competition categories in accordance with their age and sex.
- 3. They must have ITKF registered black belt (Sho Dan or higher). In the categories Cadets and Juniors, athletes can participate if they hold 1st Kyu.
- 4. They must know, fully understand and be able to compete in accordance with the ITKF competition rules.
- 5. All KUMITE, KO-GO, and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards and groin protector for men are also mandatory. Breast-protection for women is optional, but highly recommended safety equipment.















- 6. They must belong to an **ITKF Member Organization** which has paid all dues to the ITKF, including membership fee for the year 2024.
- 7. They must present for **Medical Release** and **International Health Insurance to Medical Emergencies**.
- 8. They must have his/her own **international traveling insurance** and personal accident insurance issued by their respective National Federations.
- 9. We inform you that the event organizing committee is negotiating insurance for **health care in the city of Vila do Conde**. Without a doubt, this is a great security measure for all athletes.

All COACHES must be selected by the ITKF Member Organizations. Only Coaches registered with ITKF will be allowed to officially represent and coach athletes during the competition.

All official JUDGES at this event shall be ITKF Registered and Qualified Judges who have participated in and completed the Judges Standardization Course at the tournament site and have been selected and delegated by the ITKF Technical Committee.















2. PROGRAM

Date	Activity
1 st of September	Online registration opens
29 th of September	Online registration closes
1 st of October	Technical Congress (Official Draw 1) online
Monday, 7 th of October	National team's accreditations Arrival Technical Committee Meeting / Shihan-Kai Meeting
Tuesday, 8 th of October	National team's accreditations Judges Standardization Course – part 1 ITKF Master Course – part 1 Board of Directors Meeting ITKF Childres Cup – Official Draw* TECHNICAL DIRECTORS MEETING
Wednesday, 9 th of October	National team's accreditations Judges Standardization Course – part 2 ITKF Master Course - part 2 ITKF Regional Organizations Meetings 22 nd ITKF WC – Official Draw 2* ITKF Regional Meeting
Thursday, 10 th of October	Judges Standardization Course – part 3 ITKF Master Course - part 3 Tribute to Sensei Nishiyama ITKF Childrens Cup ITKF General Meeting
Friday, 11 th of October	22 nd ITKF WC – Eliminations
Saturday, 12 nd of October	Open Cerimony 22 nd ITKF WC – Eliminations Sayonara Party
Sunday, 13 st of October	22 nd ITKF WC - Finals
Monday, 14 th of October	Departure

^{*} Official Coaches of the National teams are responsible to attend the drawing (1 and 2) to verify that the names and categories of their athletes are correct. *No changes or additional inclusion of competitors will be accepted after the drawing.*















3. COMPETITION CATEGORIES

OFFICIAL ITKF CATEGORIES

A. CADETS (14 – 15 years old / born in 2010 and 2009)

Categories	No. of participants or teams per country	Other instructions
1. Individual Kata Men	3	Shotokan: Heian (2-5), Tekki-Shodan, Bassai-Dai, Jion and Kanku-Dai Shorin Ryu: Pinan (1-5), Naihanchi-Shodan, Passai-Dai, Jion and Kushanku.
2. Individual Kata Women	3	Goju Ryu: Gekki Sai-Dai (1 -2), Fukyu kata (1,2,3), Saifa, Seiyunchin, Shisoochin
3. Fuku-Go Men	3	Ko-Go-Kumite
4. Fuku-Go Women	3	Ko-Go-Kumite
5. Team Kata Men	1 (3)	No Bunkai
6. Team Kata Women	1 (3)	No Bunkai

^(*) rules in annex 2

B ILINIORS (16 – 17 years old / horn in 2008 and 2007)

Categories	No. of participants or teams per country	Other instructions
7. Individual Kata Men	3	Shotokan: Heian (2-5), Tekki-Shodan, Bassai- Dai, Jion, Kanku-Dai, Enpi and Jitte. Shorin Ryu: Pinan (1-5), Naihanchi-Shodan, Passai-Dai, Jion, Kushanku, Wanshu and Jitte.
8. Individual Kata Women	3	Goju Ryu: Gekki Sai-Dai (1 -2), Fukyu kata (1,2,3), Saifa, Seiyunchin, Shisoochin, Sansero and Seipai.
9. Fuku-Go Men	3	Ko-go Kumite / final Kumite
10. Fuku-Go Women	3	Ko-go Kumite / final Kumite
11. Team Kata Men	1 (3)	No Bunkai
12. Team Kata Women	1 (3)	No Bunkai
13. Individual Ko-Go Men	3	Semifinal and final Kumite
14. Individual Ko-Go Women	3	Semifinal and final Kumite















C. **YOUTH** (18 – 20 years old / born in 2006 to 2004)

Categories	No. of participants or teams per country	Other instructions
15. Individual Kata Men	3	
16. Individual Kata Women	3	
17. Fuku-Go Men	3	
18. Fuku-Go Women	3	
19. Team Kata Men	1	
20. Team Kata Women	1	
21. En-bu Women	1 (2)	
22. En-Bu Men	1 (2)	
23. En-Bu Mixed	1 (2)	
24. Individual Ko-Go Men	3	
25. Individual Ko-Go Women	3	
26. Individual Kumite Men	3	
27. Individual Kumite Women	3	

D. **SENIORS** (21 – 49 years old / born in 2003 to 1975)

Categories	No. of participants or teams per country	Other instructions
28. Individual Kata Men	3	
28. Individual Kata Women	3	
29. Fuku-Go Men	3	
30. Fuku-Go Women	3	
31. Team Kata Men	1 (3)	
32. Team Kata Women	1 (3)	
34. En-Bu Women	1 (2)	
33. En-Bu Men	1 (2)	
34. En-Bu Mixed	1 (2)	
35. Individual Kumite Men	3	
36. Individual Kumite Women	3	
37. Team Kumite Men	1 (3+1)	
38. Team Kumite Women	1 (3+1)	

















E. **VETERANS** (50 years and older / born in 1974 and before)

Categories	No. of participants or teams per country	Other instructions
39. Individual Kata Men	3	
40. Individual Kata Women	3	
41. Fuku-Go Men	3	
42. Fuku-Go Women	3	

5. PARTICIPATION FEES

CATEGORIES	Fee	Explanation
Individual	45€	Per category
Team EN-BU	60€	Per team
Team KATA	75€	Per team
Team KUMITE	75€	Per team
ITKF MASTER COURSE and Judges	60€	Per individual
Standardization Course		

6. PARA KARATE

- a. Physical disability presentation of kata and kihon
- b. Intellectual disability presentation of kata and kihon

7. OTHER INFORMATION

An official communication channel with all the ITKF Member organizations will be WhatsApp (ITKF Global group). If any of the Member organizations could not use it (technical or legal reasons), it should inform the ITKF. In that case we will organize an alternative channel for them.

All meetings and formal activities will take place at Pavilhão de Desportos da Vila do Conde.

Registration of the athletes, coaches and officials will be on-line through the official events page. Platform for the registration will be opened at <u>latest on 29th of September 2024</u>.















The Technical Congress (official draw 1) will be held online on October 1st, aiming to check registrations and answer any questions.

All the World Championship fee payments to the host should be done prior to the event. Payment details will be provided at latest on 29th of September 2024.

All the DAN registration, Coaches registration and Judges registration procedures and payments should be done as soon as possible directly to ITKF.

All countries must present national anthem in digital format and two national flags (150cm x 75cm).

AGE - for each category, the year of birth and date of birth will be considered. The date of birth considered will be the one the athlete reaches by October 7th.

















8. EUROPEAN CHILDREN'S CUP (Exclusive for athletes **not selected for the ITKF World Championships**)

COMPETITION CATEGORIES

a. FEMALE KATA

	WOMENIC INDIVIDUAL KATA CAND OVER DE OLD (2015 and 2016)
	WOMEN'S INDIVIDUAL KATA 8 AND 9 YEARS OLD (2015 and 2016)
1	WOMEN'S INDIVIDUAL KATA free KYU - 08 and 09 YEARS OLD
	WOMEN'S INDIVIDUAL KATA 10 AND 11 YEARS OLD (2013 and 2014)
2	WOMEN'S INDIVIDUAL KATA 5 KYU and ABOVE - 10 and 11 YEARS OLD
3	WOMEN'S INDIVIDUAL KATA 8 – 6 KYU - 10 and 11 YEARS OLD
	WOMEN'S INDIVIDUAL KATA 12 AND 13 YEARS OLD (2011 and 2012)
4	WOMEN'S INDIVIDUAL KATA 5 KYU and ABOVE - 12 and 13 YEARS OLD
5	WOMEN'S INDIVIDUAL KATA 8 - 6 KYU - 12 and 13 YEARS OLD
	WOMEN'S INDIVIDUAL KATA 14 AND 15 YEARS OLD (2009 and 2010)
6	WOMEN'S INDIVIDUAL KATA free KYU - 14 and 15 YEARS OLD

b. MALE KATA

	MALE INDIVIDUAL KATA 08 AND 09 YEARS OLD (2015 and 2016)
7	MALE INDIVIDUAL KATA free KYU - 08 and 09 YEARS OLD
	MALE INDIVIDUAL KATA 10 AND 11 YEARS OLD (2013 and 2014)
8	MALE INDIVIDUAL KATA 5 KYU and ABOVE -10 and 11 YEARS OLD
9	MALE INDIVIDUAL KATA 8 – 6 KYU - 10 and 11 YEARS OLD
	MALE INDIVIDUAL KATA 12 AND 13 YEARS OLD (2011 and 2012)
10	MALE INDIVIDUAL KATA 5 KYU and ABOVE - 12 and 13 YEARS OLD
11	MALE INDIVIDUAL KATA 8 - 6 KYU - 12 and 13 YEARS OLD
	MALE INDIVIDUAL KATA 14 AND 15 YEARS OLD (2009 and 2010)
12	MALE INDIVIDUAL KATA free KYU - 14 and 15 YEARS OLD















c. FEMALE KUMITE

	WOMEN'S INDIVIDUAL KUMITE 08 AND 09 YEARS OLD - KIHON-IPPON-KUMITE (2015 and 2016) *
13	WOMEN'S INDIVIDUAL KUMITE free KYU - 08 and 09 YEARS OLD
	WOMEN'S INDIVIDUAL KUMITE 10 AND 11 YEARS OLD - KIHON-IPPON-KUMITE (2013 and 2014) **
14	WOMEN'S INDIVIDUAL KUMITE 5 KYU and ABOVE -10 and 11 YEARS OLD
15	WOMEN'S INDIVIDUAL KUMITE 8 - 6 KYU -10 and 11 YEARS OLD
	WOMEN'S INDIVIDUAL KUMITE 12 AND 13 YEARS OLD - KIHON-IPPON-KUMITE (2011 and 2012) **
16	WOMEN'S INDIVIDUAL KUMITE - 5 KYU and ABOVE - 12 and 13 YEARS OLD
17	WOMEN'S INDIVIDUAL KUMITE 8 - 6 KYU - 12 and 13 YEARS OLD
	WOMEN'S INDIVIDUAL KUMITE 14 AND 15 YEARS OLD – KO-GO-KUMITE (2009 and 2010)
18	WOMEN'S INDIVIDUAL KUMITE free KYU - 14 and 15 YEARS OLD

d. MALE KUMITE

	MALE INDIVIDUAL KUMITE 08 AND 09 YEARS OLD - KIHON-IPPON-KUMITE (2015 and 2016) *
19	MALE INDIVIDUAL KUMITE free KYU - 08 and 09 YEARS OLD
	MALE INDIVIDUAL KUMITE 10 AND 11 YEARS OLD - KIHON-IPPON-KUMITE (2013 and 2014) **
20	MALE INDIVIDUAL KUMITE 5 KYU and ABOVE -10 and 11 YEARS OLD
21	MALE INDIVIDUAL KUMITE 8 - 6 KYU -10 and 11 YEARS OLD
	MALE INDIVIDUAL KUMITE 12 AND 13 YEARS OLD - KIHON-IPPON-KUMITE (2011 and 2012) ***
22	MALE INDIVIDUAL KUMITE 5 KYU and ABOVE -12 and 13 YEARS OLD
23	MALE INDIVIDUAL KUMITE 8 - 6 KYU -12 and 13 YEARS OLD
	MALE INDIVIDUAL KUMITE 14 AND 15 YEARS OLD – KO-GO-KUMITE (2009 and 2010)
24	MALE INDIVIDUAL KUMITE free KYU - 14 and 15 YEARS OLD

^{*}KIHON-IPPON- KUMITE **8 and 9** YEARS OLD — **oi-zuki-jodan and oi-zuki-chudan**

In the qualifying rounds, the kata will be chosen by the referees and the decision will be made by flags. The 4 finalists will perform the kata of their choice (***) and the evaluation will be by grades.



^{**}KIHON-IPPON- KUMITE 10 until 13 YEARS OLD - oi-zuki-jodan, oi-zuki-chudan and mae-gueri-chudan

^{***}KATA – Heian 1 to 5, Tekki-Shodan, Bassai-Dai, Jion, Kanku-Dai













e. CHILDREN'S CUP PARTICIPATION FEES

Individual (all categories) - 40€

9. ACCOMMODATION

SANTANA HOTEL & SPA (****) www.santanahotel.pt

HI VILA DO CONDE – POUSADA DA JUVENTUDE (*) www.pousadasdajuventude.pt

HOTEL BRAZÃO (***) www.hotelbrazao.pt

B&B HOTEL VILA DO CONDE (*) www.hotel-bb.cpm**

VILA C BOUTIQUE HOTEL (****) www.villacboutiquehotel.com

THE LINCE SANTA CLARA (*****) www.thelincehotels.com

ACCOMMODATION OTHER OPTIONS IN VILA DO CONDE

Villa Regio

Villa Regio Garden

Naval Guest House & Bistrô

Casa do Rio charm suites

Santana Hotel & SPA

Autor Guesthouse

Host Wise Arvore















Guest house Eça Agora!

Beach Front with Rooftop

Sea View - Charming apartment

Apartamento Praia Azul

Casa do Jardim (Garden House)

GuestReady - Cosy Hideaway in Vila do Conde

OPORTO GUEST Vila do Conde River & Sea

GuestReady - Cosy Hideaway in Vila do Conde

Apartamento Praia Azul

ACCOMMODATION OPTIONS IN POVOA DO VARZIM

THE ONE Grand Hotel da Póvoa

Hotel Torre Mar

Axis Vermar Conference & Beach

Sao Felix Hotel Hillside & Nature

Varzinn Hotel

Hotel Santo Andre

Hotel Avenida

Hotel Costa Verde

Hotel Contriz

Luso Brasileiro

<u>ó Poboa Guesthouse</u>















Guest House MJ

Apartamentos Castelo

Junqueira76 Guesthouse

StayInn City - Póvoa de Varzim

We Are Hostel 2

A'MAR by Alojamento Ideal

THE TRADITION CONTINUES!!!

Tournament Organizing Committee

